



GRETA VALLEY PRIMARY SCHOOL
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PRINCIPAL: Mrs Kris Porker

NEWSLETTER No 38

November 27th 2013

Dates for your Diary

- NOV** Wed 27-29 Melbourne Camp Grade 6
 Fri 29 Summer Sport Moyhu. Bring Bathers and Towel
- DEC** Mon 2 Grade Six Graduation Cheshunt Hall 6.30-8.30pm
 Wed 4 Last Library Day. Please return any books still at home.
 Mon 9 Cooking Grade 3-6 Edi Upper
 Tue 10 School Council Dinner 6.30pm at the Tatong Hotel.
 Wed 18 School Concert at Greta Hansonville Hall
 Thu 19 Last day for students. Benalla Pool excursion
 Fri 20 Child Free Day End Term 4

2014 PREP ORIENTATION DAYS

- Friday 29th November
 Tuesday 10th December (Regional Orientation Day)

VACUUM ROSTER

- NOV 29** Matkovich-Allan
DEC 6 Mitchell
13 Northey D&C
20 Northey R&J

TOILET ROSTER

- Northey R&J
 Northey T&E
 Phillips
 Bailey

PLEASE REMEMBER OUR SECURITY SYSTEM

NEW PARENTS WILL NEED TO COME TO SCHOOL TO SEE HOW OUR SECURITY SYSTEM IS DEACTIVATED FOR VACUUMING DUTIES

NOTE If you cannot clean on your rostered time slot, please swap with another parent. Use the Family list of phone numbers supplied in the handbook. Thank you.

MOWING ROSTER

- David Boonzaayer**
 Rob Northey
 Steve Mitchell
 Tim Northey
 Rob Carlesso
 Rose Bailey

When you have mown, ring the next person on the roster. They can then keep check and mow when needed, then ring the next in line on roster etc.

Contact the school for key and return to school when mowing is done. Thankyou



REMEMBER THOSE HATS! TERM 4 IS A SUN SMART TERM

SUMMER SPORT FRIDAY 29TH

This Friday we have our Summer Sports Day at Moyhu Primary School. If the weather is fine, we will be able to have some pool time. Bring Bathers and a Towel.



LIBRARY BOOKS

Next Wednesday will be our last Library class for the year. Can we please have any overdue Library books returned by the end of next week? There are currently 36 books that Mr Lawler would like to have back please.

CLEAN GUTTERS

Can we please have someone clean our gutters?

Our school is in a lovely neat tidy state and working bees have not been necessary so this job has not been done for some time.

With the fire season upon us this needs to be asap. A couple of willing helpers would be very much appreciated.



A BIG THANKYOU to the following people for their time last Saturday with our catering fundraiser

David and Leonie - Set Up / Clean up and Dessert

Cate and David - Dessert

Jo and Rob - Dessert

James - Salad

Melissa and Bill - Salad

Owen and Ann - Salad

Greg and Stacy - Salad and Dessert

Kris - Dessert

The Ross Family - Set up Serving Cooking and Clean up

David and Connie - Emergency Salads

Tim and Elsie - Preparation/ Cooking and Cleaning up

Prep/1/2 CAMP

Our Prep/1/2 students had a wonderful three days last week in Echuca exploring the port area and other olden day attractions. Lisa and Howard were so proud of all the students, especially considering how young they were, but this is one of the great advantages of our camping program. The children learnt lots academically, but they also learnt many social skills and independence.

A huge thank you to Brooke Leadbetter, Mark Allen and David Boonzayer for all their help and support over the three days.

OUR WEBSITE

We are currently in the process of updating our website, but if you take a visit now to www.gretavalleyps.vic.edu.au you will be able to access the current Newsletter and soon be able to access ones from earlier in the year that are being archived. The website will have reminders and updates for you on the home page and a calendar of events. We will be putting photos of camps, excursions and daily doings at school in the Gallery and regularly updating these, so be sure to visit from time to time. You can either save us in your 'Favourites' or save us to your desktop for quick, easy access.

MICHAEL GROSE PARENTING IDEAS

Australian family-life is incredibly scheduled.

The recently released **Time to Live Report** indicates that family life increasingly operates around a rigorous schedule as Australian families balance work/school, leisure, social and personal lives.

Three in five kids in the 12-16 age group and most parents can nominate where they'll be at 5pm on any given Wednesday. Wow! That's organized. So entrenched is life inside this egg timer like existence that operating outside it can genuinely cause **anxiety**. In fact, around half of teens and the same percentage of parents say that life would be chaotic if they didn't live to a schedule.

Introducing spontaneity

Australian families are forgetting to be spontaneous. Yet, there appears to be an appetite to balance life's relentless routines with greater spontaneity. So let's have a go.

Here are 10 suggestions to help you introduce more **spontaneity** into your family:

1. Tidy a room with a child (any room)
2. Walk the dog together
3. Do something you've never done as a family
4. Go to a movie that a child chooses (any child)
5. Wash the family pet
6. Cook the NEXT meal together as a family
7. Drop in on a family or friend without notice
8. Put music on when everyone is home
9. Play outside regardless of the weather
10. Make a weeknight takeaway night

If any of these suggestions made you wince then maybe you do need to spend some time in **Spontaneity Street**.

It helps make going around **Routine Roundabout** more bearable. Besides, **Spontaneity Street** runs into **Resiliency Road**, which is just down from **Grit Grove**. This is a good road to live on in the long-term